



turning point

spring 2008

F R E E D O M F R O M F E A R

Ways Men Can Help Prevent Violence Against Women

by tamika I. sims

Thanks to Lexington County Grant, Battered Women Have Much-Needed Transportation

by linda davis

Sistercare received \$26,736 in funds from the Lexington County Community Development Block Grant to purchase a passenger van to transport battered women and their children from our two Lexington County emergency shelters to appointments and resources in the community. The van will assist domestic violence victims in obtaining employment, housing, career training, health care, mental health services, etc.

Accessible, safe transportation allows the shelter residents to move closer to their goals of becoming self-sufficient and living independently and violence-free.

Mark Your Calendars!!

The 15th Annual Women After Five Reception and Silent Auction benefiting Sistercare will be held on May 13, 2008 at the Columbia Conference Center, 5:30 p.m. until 8:00 p.m. For sponsorship, invitation or donations to the silent auction, please contact Sabrina at Sistercare, 803.926.0505.

Whenever I speak on behalf of Sistercare I am often asked, "What can I do to become involved?" and "How can I help?" These questions are not unique. Our society is focused on volunteerism and giving back to local communities. The interesting fact is the person posing the question usually is a male with a family member, co-worker or someone in his place of worship who has had an experience with domestic violence or currently is faced with this problem.

Sistercare's response to the questions above will be answered in this article and in the next two articles of our newsletter focusing on domestic violence from the male perspective.



Men's involvement is critical to violence prevention efforts. Workers in the field of violence against women are aware that male abusers may seek the support of other men, if they seek help at all. Men, in essence, listen to other men. The following list is being provided as a reminder for some and new information for others on how men can help prevent violence against women:

1. Accept and own responsibility that violence against women will not end until men become part of the solution to end it. We must take an active role in creating a cultural and social shift that no longer tolerates violence against women.
2. Educate and re-educate our sons and other young men about our responsibility in ending men's violence against women.
3. Hold batterers accountable for their abusive behavior and choice to use violence rather than other non-violent actions.
4. Stop supporting the notion that men's violence against women is due to mental illness, lack of anger management skills, chemical dependency, stress, etc.
5. Remember that our silence is *affirming*. When we choose not to speak out against men's violence, we are supporting it.
6. Examine and challenge our individual attitudes and the role that we play in supporting men who are abusive.
7. "*Break out of the man box*" - Challenge traditional images of manhood that stop us from actively taking a stand to end violence against women.
8. Recognize and stop colluding with abusers by getting out of our socially defined roles and taking a stance to end violence against women.
9. Take responsibility for creating appropriate and effective ways to develop systems to educate and hold men accountable.

turning point

Sistercare publishes *Turning Point* three times a year and is a non-profit organization chartered under South Carolina laws to provide services to battered women and their children.

Executive Director, Nancy Barton

BOARD OF DIRECTORS

President, Sims Floyd

Past-President, Eleanor Kellett

Treasurer, Jon Carpenter

Secretary, Audrey Brown

Lester Bates, Jr.	Peggy McMaster
Dr. Stephanie Boyd	Alicia Myhrer
Audrey Brown	Hannah Nelson-Horne
Melissa Emmons	Neil Rashley
Barbara J. Johnson	Stephany Snowden
Lesley Lampert	P. Dennis Way
William D. McDonald	

Contributors

LINDA DAVIS,
Sistercare Grants Coordinator

KATHLEEN SHAW,
Sistercare Development Director

TAMIKA L. SIMS,
Sistercare Coordinator of Volunteer
Services & Community Outreach

803-926-0505 administrative office
803-765-9428 24-hour service line
1-800-637-7606 out of local area



Songbird Café Hits All High Notes!

by kathleen shaw

Sistercare's 2007 Songbird Café annual fundraiser hit a record-breaking year in proceeds, with standing room only attendance!

Jimmy Stevenson, owner of Southern Way Catering and Leaside, again graciously donated the venue and delicious hors' d'oeuvres.

Special thanks to Ricky Wright, owner of Hampton Hill Athletic Club, for arranging the wonderful musical talent again this year!

The crowd was treated to a fine mix of blues-rock, soul and country music by musical artists Darius Rucker, Tift Merritt, Brian Leighton and Patrick Davis.

Now in its fifth year, the Songbird Café is modeled after Nashville's Bluebird Café where musicians find their start in the music industry.

Sistercare is most grateful to the following corporate sponsors whose financial support was instrumental in making the Songbird Café 2007 another successful event.

The Dove—\$20,000

Lexington Medical Center

The Eagle—\$15,000

BlueCross BlueShield of South Carolina

The Heron—\$10,000

Hampton Hill Athletic Club
Southern Way Catering
Time Warner Cable
Verizon Wireless

The Bluebird—\$5,000

CMC Steel, Inc.
Columbia Mayor Bob Coble
South Carolina Bank and Trust

The Cardinal—\$2,500

Cornelius & Associates
Dr. Greta Zimmerman
Mike & Jan Stamps
Publix Super Markets Charities
The Preferred Group

The Carolina Wren—\$1,500

Amcol Services
Bose Corporation
Colonial Supplemental Insurance Co.
Continental American Insurance Co.
KB HOME South Carolina
Netbank, Inc.
Palmetto Health
Regions Bank
Siemens Diesel Systems Technology
South Carolina Federal Credit Union
Southeastern Freight Lines
UPS

Wilbur Smith & Associates

The Canary—\$1,000

Abacus Planning Group
Allsouth Federal Credit Union
American Cast Iron Pipe Company/
American Spiralweld
AT&T
Baker & Baker Foundation
Colite International
CSX, Inc.
First Citizens Bank
First Sun EAP Alliance
Homebuilders' Association of
Greater Columbia
Louis Rich
M. B. Kahn Construction Company
McNair Law Firm
Mid Carolina Electric Cooperative
Nelson Mullins Riley & Scarborough,
LLP
Patterson Fan Company
Piggly Wiggly
Smith Barney
State Credit Union
Wenco Commercial Drywall

Patron—\$500 (or under)

Anonymous
Backgroundchecks.com
Bank Meridian
BB&T
BMW
Coburg Dairy
Coca-Cola

Yes!

I will help prevent domestic violence.

Monthly pledge: \$ _____

Yearly pledge: \$ _____

My tax-deductible contribution is enclosed.

- | | | | |
|--------------------------|-------|--------------------------|-------|
| <input type="checkbox"/> | \$500 | <input type="checkbox"/> | \$250 |
| <input type="checkbox"/> | \$100 | <input type="checkbox"/> | \$50 |
| <input type="checkbox"/> | Other | <input type="checkbox"/> | \$25 |

Name _____

Address _____

City _____

State _____

Zip _____

Please contact me regarding shares of stock.

My company will match my gift.

Company name _____

Company contact _____

Telephone _____

Sistercare is a not-for-profit 501(c)(3) partner agency of the United Way.

Songbird Café

continued from page 2

Patron—\$500 (or under)

Columbia Farms (House of Raeford)
 Consolidated Systems, Inc.
 Crawford Sprinkler Company
 Delta Dental Plan
 Dick Dyer & Associates
 Ellison Kibler & Associates
 Firststar Homes, Inc./Great Southern Homes
 Frank & Pam Crachiolo
 Hansen Pallet Company
 Key Insurance Consultants
 Kroger
 LINKS
 Lorick Office Products
 Palmetto Beverage Company
 Palmetto Citizens Federal Credit Union
 Paper Pro

Printsouth Printing
 SAFE Federal Credit Union
 Shakespeare Monofilament Co.
 Shumaker Homes
 Sign It Quick
 South Carolina EAP Association
 Southern Wine & Spirits
 Spring Valley Rotary Club
 The Knapp Agency
 Three Rivers Ob/Gyn Associates
 Turner Padgett Graham & Laney, PA
 UBS Financial Services-
 Jan Jernigan/Joseph Horne
 Willoughby & Hofer, PA
 Wilson Kibler
 Women Physicians Associates Ob/Gyn

SISTERCARE IS ALWAYS IN GREAT NEED OF USED, WORKING VEHICLES AND CELL PHONES. PLEASE ASSIST US IN OUR EFFORTS TO HELP DOMESTIC ABUSE SURVIVORS BECOME INDEPENDENT AND REMAIN SAFE.

Sistercare, Inc. is a non-profit 501(c)(3) organization and all donations are tax-deductible. Please call our administrative office at 926-0505 for more information.



Forwarding Service Requested

Columbia, SC 29202

PO Box 1029

Sistercare